HARMONY IN LIFE





AATHITHAAI News Letter ஆதித்தாய் செய்தி மடல்

01.07.2024

Tri-monthly Newsletter - மும்மாத செய்திமடல்

VOLUME-4/Number-11

In This Issue

- INTERNSHIP INVOLVEMENTS
- LIVELIHOOD SUPPORT THRU SKILL TRAINING & ENTREPRENEURSHIP PGM
- FELLOWSHIPS PROGRAMMES
- HEALTH & HYGIENE
- AWARENESS PROGRAMMES
- EDUCATION FOR THE CHILDREN OF THE SURVIVORS
- FAMILY
 COUNSELLING
 SERVICE
- Voluntarism
- PROGRESS CHART OF OUR SERVICE
- DONATE NOW

Editors' Team:

> Vedha

> ARP

> Mary

> Timothy

Social Media Links:

YOU TUBE LINK: https://youtu.be/fRL2GBMGaNI Website: https://thendralmovement.1ngo.in

*For Private Circulation Only

DIRECTOR'S NOTE

Dear Friends and Supporters,

As we reflect on the past quarter (April to June 2024), I am thrilled to share with you the impactful work of our organization. Our dedicated team has been tirelessly working towards empowering survivors and vulnerable communities through various initiatives.

Our internship program has provided valuable hands-on experience for students and young professionals, fostering a new generation of social change-makers. Our livelihood support programs, focusing on skill training and entrepreneurship, have enabled individuals to break free from poverty and build sustainable futures.

Our fellowships program has supported innovative projects and research, driving positive change in our communities. We have also prioritized health and hygiene, conducted awareness programs and provided essential services to those in need.

Education remains a cornerstone of our work, with a focus on supporting the children of survivors. Our family counseling services continue to provide a safe and supportive environment for healing and growth.

I am grateful for the tireless efforts of our volunteers, who embody the spirit of voluntarism and selflessness. Together, we have made significant progress, as reflected in our progress chart.

As we look to the future, I invite you to join us in our mission by donating now. Your support will enable us to expand our reach and deepen our impact.

Thank you for your unwavering commitment to our cause.

INTERNSHIP INVOLVEMENTS

18-22 RHWE 6 Students Internship- Kitchen Garden Formation.:

From Aathi Parasakthi Horticulture College (APHC)-Kalavai, 6 students joined Thendral for the Internship Programme as part of their Rural Horticulture Working Experience (RHWE 2024). They were guided to raise awareness about creating the "Kitchen Garden Formation" among the villagers of Maruthalam Panchayath village in Sholingur block, Ranipet dt from May 18–22, 2024.

Contact Us

vthendralmovement@gmail.com Cell: 9443037394

Publisher:

Thendral Movement









Internship from SRM Institute, Refugees camp, Govt departments, Rkpet center visit:

Interaction on De-addiction Activities with -Dr.Kabilan, an expert veteran in this field. Enlightening students of SRM College. # #de-addiction #doctor #youth

LIVELIHOOD SUPPORT THRU SKILL TRAINING & ENTREPRENEURSHIP PGM

RKpet class Batch -1 started the Sewing Machine Training for 30 rural students form April 2024 onwards

"Empowering rural women with skills and independence, the RKpet class Batch-1 launched Sewing Machine Training in April 2024. Thirty enthusiastic students from nearby villages embarked on this journey, eager to learn and grow. With expert guidance and hands-on practice, they will master the art of sewing and tailoring. This training aims to equip them with employable skills, fostering financial stability and self-reliance."

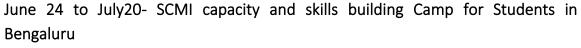








FELLOWSHIPS PROGRAMMES



A couple of SCMI Fellowship students viz., Ms.Deepika & Jeevitha were sent to attend the Intensive Summer Camp in Bengaluru for 15 days (June 24 to July 13) in which they were introduced to the fellow candidates of entire India whose purpose is to be the agents of Change in oneself and the society.



"Democracy is not merely a form of Government... It is essentially an attitude of respect and reverence towards fellow humans.

Your Donations for Victims' Service are Tax Exempted under 80G.

Please DONATE Now:







HEALTH & HYGIENE

Medical camp in Vegamangalam Village Panchayath

"A comprehensive Medical Camp was organized in Vegamangalam Village Panchayath, in collaboration with SMH Hospital providing vital healthcare services to the rural community. Experienced medical professionals offered free consultations, check-ups, and treatments, addressing various health concerns. The camp aimed to bridge the healthcare gap in the region, promoting wellness and accessibility. Hundreds of villagers benefited from this initiative, receiving essential medical attention and guidance."



Wellbeing Session for 700 people Coordination in Ranipet by Vedha/ Thendral.

Thendral Movement, led by Dr. Vedhanayagi, hosted a transformative Wellbeing Session for 700 individuals in Ranipet. This massive virtual gathering focused on nurturing holistic wellness, addressing mental health, and fostering a sense of community. In the regular early morning session 100 members were shortlisted and later 20 are imbibed into the Community of Fellowship to prioritize self-care and cultivate resilience. By promoting collective wellbeing, Thendral Movement is creating a ripple effect of positivity in the region.

AWARENESS PROGRAMMES

World Refugees Day pgm at Anaicut Camp:

உலக ஏதிலியர் தினம், 20.06.2024, இலங்கை தமிழர் மறுவாழ்வு முகாமில் அனுசரிக்கப்பட்டது. தமிழ்த்தாய் வாழ்த்துடன் தொடங்கிய நிகழ்வில் முகாம் தலைவர் திரு விஜயகுமார், தென்றல் இயக்க நிறுவனர் திருமிகு. வேதநாயகி, மருத்துவர் கபிலன், மார்க்சிய சிந்தனையாளர் திரு. மணிகண்டன், மற்றும் சமூக செயல்பாட்டாளர்கள் கலந்து கொண்டனர். முகாம்களில் உள்ள மக்களின் நிலை மற்றும் உலக அகதிகள் சூழல் பற்றி உரைகள் நிகழ்த்தப்பட்டன. நிரந்தர இந்திய குடியுரிமை, கல்வி, வேலைவாய்ப்பு, இழப்பீடு உள்ளிட்ட கோரிக்கைகள் முன்வைக்கப்பட்டன. 100க்கும் மேற்பட்டோர் கலந்து கொண்ட இந்நிகழ்வை தென்றல் இயக்கம் ஒருங்கிணைத்தது. #refugeeday #UNHCR #uno #SriLanka

#refugeestories #TNGovt #refugeecamp

This camp's children are good at Silambam (Tamil martial arts). 25 Children need Uniforms for this Sllambam Troupe. Good willing people please contribute. 80Gtax exemption certificate available.







Lankan Tamils observe UN World Refugee Day

XPRESS NEWS SERVICE @ Vellore

THE UN World Refugee day was observed at the Sri Lankan **Famils Rehabilitation Centre** with a series of events at Anaicut in Vellore district. The **Fhendral Movement Charity** which is known to work for vicims of domestic violence. women, children, bonded laourers and nomads, in Vellore

Thursday. Participants empha-sised the importance of remembering refugees

globally and advocating for their well-being and repatriation. Demands were presented to the Union Government and the Chief Minister of Tamil Nadu for the refugees in dian citizenship.

coordinated the event on the camp. Some of them included reservations in education and medical education, permission for overseas employment and study, job opportunities in private institutions, compensation up to ₹5 lakh for families affected by workplace accidents, and granting of permanent In-

More than 100 individuals attended the event, which also acknowledged the efforts of M K Stalin in allocating funds for new housing projects for the refugee. Thendral movement founder Vedhanayagi, Dr Kapilan. Marxist communist member Manikandan, social activists John Anuian. Muthamizhan, Selvaraj participated in the event.

YOGA Day in schools — Thagarakuppam:

"ஐந்தில் வளையாதது ஐம்பதிலும் வளையாது". பதஞ்சலி யோகாவை நாம் சீரும் சிறப்புமாக பயிற்சி எடுத்தால், 'விளையும் பயிர் முளையிலேயே தெரியும்" என்பதற்கு சான்றாக, இன்று 21.6.24 சோளிங்கர் வட்டத்தில் உள்ள தகரகுப்பம் கிராமத்தில் இருக்கும் அரசு உதவி பெறும் ஆரம்பப் பள்ளியில் யோகா ஆசன பயிற்சிகளை தென்றல் இயக்கம் சொல்லிக் கொடுத்து யோகா தினத்தை நினைவு கூர்ந்தது. நமது பிரதமர் கூறுவது போல 'யோகா எக்கானமி' இன்று மிகப்பெரிய பொருளாதாரத்தை இந்தியாவிற்கு உருவாக்கித் தருகிறது என்பதில் ஐயமில்லை. அவர் பொருளாதார உயர்வுக்காக யோகாசனத்தை பயன்படுத்துகிறார். நாம் மனித ஆதாரத்திற்காக இக்கலையை சொல்லித் தருகிறோம். அனைவருக்கும் யோகாசன தின வாழ்த்துக்கள். The school has special need a Toilet facility for the students. Rs.30,000/- is the estimated cost. Already 10,000/- is ready by the Teachers themselves. We need 20,000 more. Friends with good will please contact Thendral NGO: 9443037394. 80G tax exemption certificate is available.













PCVC workshop on domestic violence in technology in Asha Nivas.

Breaking the silence on domestic violence, the PCVC workshop at Asha Nivas shed light on the intersection of technology and abuse. Experts led discussions on digital safety, online harassment, and the role of technology in perpetuating or preventing domestic violence. Participants gained valuable insights and practical tools to support survivors and combat tech-enabled abuse. By



harnessing technology for good, we can create a safer, more empathetic world. Two key persons engaged in the workshop to further enlighten the team members.

Franchise the vote of Jaatikara Community People (Caste Certificateless Community):

No one should be left behind in franchising their vote. 50 voters were left behind from voting as none of the EC officials steered them with the booth slip. The task was accomplished with the Civil Society Organization's advocacy to reach out to the democratic rights of the nomadic community (Jaatikara Community) camping in Karivedu Village, close to Ocheri in the Ranipet district, thanks to Thendral Movement and a young reporter named AR.







Special awareness created by the current Political analyzer among the 1st time voters to Franchise Vote right to take Right decision class for 132 Hostel College students in Ranipet and Arakkonam BC, MBC & SC Hostels.



Annual Capacity building's introductory session: Empowering change makers, the Rebuild India Fund presents its Annual Capacity Building Intro Session. This comprehensive program equips NGOs and social entrepreneurs with essential skills and knowledge to drive lasting impact.







EDUCATION FOR THE CHILDREN OF THE SURVIVORS

வாழ்வில் ஏற்பட்ட எல்லா இன்னல்களுக்கு மத்தியிலும் அரசு பொது தேர்வுகளில் கல்வியில் மட்டும் கண்ணும் கருத்துமாய் எமது தென்றல் குடும்பத்தில் மாணவ மாணவியர்களின் சாதனை இதோ!!

Behold the achievement of the Thendral' Students amidst all odds in their life.

1. Ms. Ashika R:

She rose up from the trauma of the child abuse of the Church Leader whose inner journey is an inexplicable one from the month of December 2023 onwards until the day. By the Providence's grace, her issue is dealt by Thendral today. She tasted the fruit of the fatigue with the excellent marks in the Higher Secondary board exam - 2024 with the highest marks 410/600.

2.Ms.Nalini R - mothered by a Young widow today broke her odds to win the SSLC marks with highest score in the public board exam -2024.

3.Ms. Priyanka - an orphaned daughter of the HIV+ parents and also Child Marriage victim is cared from last two years and facilitated to complete her +2 exam with the good score to aspire for Nursing Degree in the forthcoming years.

4.Mr.Vishnu - a son of the Widow and the victim of the Leather and allied prone cancer lost his father in his early childhood. By the support of the Thendral's attentive benefactor is able to shine up with the good marks in the public exam - 2024. He is aspiring for the Graduation course in a reputed college to shoulder his mother's burdens.

5.Mr.Umashankar J - a son of a reckless father due to which his mother tools doubly to win the bread for the family. Thendral's counseling helped her to lead the family into the smooth way. Now he bore the fruits for the toiling of his mother through his marks in the public exam -2024.

Educational Scholarship Counseling (AY-2024–25) for the underprivileged & deserving students for higher studies. Thendral is trying to pool resources from various ends. #scholaship #refugee #education #underprivileged #students





Vidhya(14) – a POCSO client:

Counselling steered her towards Justice despite the trauma she secured 82% marks in the SSLC board Exam. Thendral gives her family a handholding support and comfort.

Pocso victim attends courts, yet scores 82% in board exam

VIDITA's (name changed), a 14-year-old victim of nileged child sexual abuse from Ranipet district, was attending two occasions and appearing for medical examination acwhile her classrates when the control of the class of the class of the control of the class of the control of the class o

3902) (criminal infimilation of Sections 7; (ciouching control of Section 2) (ciouching control of

id.
Vidhya credited her success her mother, who motivated r throughout the ordeal. Vida's mother told TNIE that areness must be raised about lid abuse laws, and parents ould support their children d come forward to file comints related to abuse.

"Change is on your finger - decide and do Vote now! It's LSE-2024 time to change"

AWLPM



ராணிப்பேட்டை தோல், தோல் பதனிடும் தொழிற்சாலை மற்றும் அதனுடன் தொடர்புடைய தொழிலாளர்கள் பாதுகாப்பு மன்றம்) -RANIPET DT

YES,

there are
homeless
Jaatikara
Community
Families. Please
support them.

Let's Save Mensural health of

Annamittu Kalvi kodu Dheena Trust Motivational speech at TN Hotel:

Dr. Vedha delivered a motivational speech to more than 100 children, Special Children (differently-abled) students, parents, and dignitaries present at the scholarship distribution event organized by Mr. Deena's "Annamittu Kalvi Kodu" organization. The event was held at the beautiful Tamil Nadu Hotel Resort in Ranipet.





FAMILY COUNSELLING SERVICE & SWADHAR GREH FACILITY

Saloni Tudu (Bihar) - a migrant DV by Step mother:

Saloni Tudu, born in Bihar, faced a tough childhood after her mother's passing. Her father, her only support, remarried, but her stepmother was abusive. After her father's tragic death, Saloni was left alone and vulnerable. Her stepmother's cruelty intensified, forcing Saloni to flee to Chennai. However, her stepmother's plan to sell her led Saloni to escape again. Rescued by Railway police, Saloni found solace at Thendral Movement's shelter. With Dr. P. Vedhanayagi's care and counseling, Saloni is healing and finding hope. She's slowly rebuilding her life, determined to overcome her traumatic past.





the Children

Family Counselling was given to the Following clients; Shanthi, Arulmozhi, Vasantha- Poojitha, Santhosh Electrician, Vinnarasi, Sivasankari, Selvapriya, Sangeetha, Gnanavel, Thirumoolar.

Shanthi:

Living with a drunkard husband who harasses her, causing emotional distress and feeling trapped. Seeking help to escape the toxic situation and find a safe haven.

DO YOU KNOW?

Arulmozhi

Jaatikkara
Community
Families are not
given Community
Certificate but
have Voter Id. We
ensure their 50
votes polled. But
still waiting to see
they have a
community
certificate & a
Home.

Dealing with a reckless and hypocritical husband who has forsaken her, leaving her feeling abandoned and betrayed. Wanting legal guidance on how to move forward and rebuild her life.

Vasantha-Poojitha

Struggling with loneliness and anxiety due to her daughter's distant behavior, feeling disconnected and unheard. Seeking support to bridge the gap and strengthen their relationship.

Santhosh

Witnessing his mother being harassed by his brother, feeling helpless and concerned for her well-being. Looking for ways to intervene and protect his mother.

Vinnarasi

Suffering at the hands of a drunkard and sadistic husband, feeling tormented and seeking escape. Needing help to find safety and support.

Sivasankari

Trapped in a marriage with a drunkard husband who harasses her, feeling suffocated and desperate for change. Seeking guidance on how to break free.

Selvariya

Buried under debts due to her husband's borrowing behavior, feeling overwhelmed and anxious. Wanting help to manage finances and find a way out of debt.

Sangeetha

Facing the dual challenges of childlessness and debt due to her husband's borrowing habits, feeling hopeless and desperate. Seeking support to address both issues.



Gunanal

Drowning in debt and feeling stressed, anxious, and unsure of how to manage finances. Looking for guidance on debt management and financial planning.

Thiolam

Struggling with debt problems, feeling weighed down and seeking help to find a solution. Wanting support to develop a plan to overcome debt.

ANJALI ON HER UPCSCALE ROAD:

Mrs. Shanti our Counselling client DV survivor is educating her 3 Daughters with multi- Skills. Here's her younger daughter Anjali who has performed her Salangai Pooja and staged her talent in the public arena. Kudos Santhi Amma. Despite her harassing husband's tortures quiet often, she is courageously established her determination to see her children grow in an



empowered ecosystem with the guidance of Vedha madam.

Santhosh's B'day Food to Jaatikara families — A Volunteer shares his Birth purpose:

"ஈதல் இசைபட வாழ்தல் அதுவல்லது ஊதியம் இல்லை உயிர்க்கு" என்னும் திருக்குறளுக்கு இணங்க ஒவ்வொரு உயிரும் தன் பிறப்பின் உயர்வான நோக்கத்தை புரிந்து வாழ்தலே வாழ்வின் உன்னதம் என்பதை என்விக்கும் வகையில் எமது தென்றல் இயக்கத்தின் தன்னார்வலர் ஒருவர் தனது பிறந்த நாளை வறுமையின் விளிம்பில் வீடின்றி வாடும் / வாழும் 100 சாட்டையடி சமூகத்து மக்களோடு உணவை பகிர்ந்து தன் வாழ்வின் நோக்கத்தை காண்பித்தார் ராணிப்பேட்டை மாவட்டத்தில் கறிவேடு கிராமத்தின் விளிம்பில் முகாம் இட்டு வைக்கப்பட்டிருக்கும் சமூக சான்றிதழ் மற்றும் வாழ கண்ணியமான வீடு இல்லாத உள்நாட்டு அகதிகள் சாட்டையடி சமூகத்து மக்களுக்கு 50 வீடுகளை கட்ட மிகப்பெரிய உதவி தேவைப்படுகிறது. மாவட்ட நிர்வாகம் அவர்களுக்கு தேவையான பட்டாமனை இலவசமாக வழங்கி விட்டது. அங்கே 50 வீடுகளை கட்டுவதற்கு யாரேனும் நல்ல உள்ளங்களோ, நல்லுள்ளம் படைத்த நிறுவனங்களோ முன் வந்தால் மிகப்பெரிய புண்ணியம் ஆகும். உங்களால் இயன்றதை செய்யுங்கள். தொழிலதிபர்கள், திரைப்படக் கலைஞர்களோ, திரைப்பட நட்சத்திரங்களோ மக்களுக்கு நல்லதை செய்ய வேண்டும் என்று விரும்புகிற நல் உள்ளங்களோ உடனே தொடர்பு கொண்டு மக்களை நல்லதொரு வீட்டிற்குள் குடியேற உதவுங்கள். தொடர்புக்கு :தென்றல் இயக்கத்தை அணுகவும்.





PROGRESS CHART

| STRATEGIC GOALS | PROGRAM |
|--|---|
| 1. Abolition of violence against women, | Awareness, Campaign, advocacy & Lobby |
| children and Bonded Labourers service | Family Counselling & Legal Aid service |
| to 12875 beneficiaries. | Programme |
| 2. Women Empowerment Programme | Women Leadership Programme |
| to 3394 women to reduce gender based discrimination. | Women Forum |
| | Thaai Veedu Scheme |
| | Women Help Desk |
| | Crèche Scheme |
| | Promoting Livelihood Programme |
| 3. Promote holistic approach to 8800 | Health & Hygiene Awareness Programme |
| women to safeguard the health & the | Cancer Awareness & economic Assistance |
| Environment. | Programme |
| | Green Initiative Programme |
| 4. Promote quality education among | Girl Children Education Support Programme |
| 7550 orphan, semi-orphan, differently | Evening Study Circle Programme |
| abled & SC/ST children. | S4S Club Programme |
| | Career Guidance Programme |



DETAILS OF SERVICES RENDERED from April 2006 till MARCH 2024

| Sl.No | Service Category | No. of Panchayaths | No. of cases Redressed up to 2024 |
|-------|---------------------------------------|--|---|
| 1. | Family Counselling for Domestic | 07 blocks | 350 |
| | Violence Victims | | |
| 2. | Livelihood Support | 07 blocks | 950+ |
| 3. | Child Development Pgm | 03 blocks | 1503 |
| 4. | Education Aid | 08 Panchayaths | 195 |
| 5. | Awareness Generation Pgm | 06 blocks | 6350+ |
| 6. | Disabled / PWD Card support | 07 blocks | 363+ |
| 7. | Medical Camps | 20 Panchayaths | 1293 |
| 8. | Charity | 03 Blocks | 275 |
| 9. | Skill Training Pgm | 4 districts | 5050+ |
| 10 | COVID19 Support | 07 | 600+ |
| 11 | Short Stay Home – SWADHAR GREH | 01 | 95 |
| 12 | Jaatikara Community Support Pgm | 01 | 150 |
| 13 | Refugees Support Pgm | 01 | 270 |
| 14 | Bonded Labourers Support Pgm | 06 | 225+ |
| 15 | Internship/Field Exposure | 12 Colleges | 384 |
| 16 | RLTALPF support | 03 | 110+ |
| 17 | Learning Assessment Survey | 8 districts | 1200+ |
| 18 | MHM & Hygiene for Adolescent Students | 12 Schools TVM dt & AAA College students | 1293 |
| 19 | Chennai Flood Relief Aid | 7 Locations | 400+ |
| | Boom Boom Maatukara Families | 25 Families | 45 |
| | Pudhumai TNPSC Coaching Centre | | 25 |
| | | | |
| 22 | Family Counselling to the Victims | 110 | 110 |